Frequently asked questions

Will I be recorded during the test?

No, the camera only collects information about how and where the marker has moved, and does not collect any images.

Is the test affected by my language skills?

No, the test is not dependent on your knowledge of English. Nor will your reading or mathematical skills affect the test.

Will the test be affected by color blindess?

No, the symbols are designed so that most forms of color blindness do not affect the testing.

Would a lot of computer gaming experience affect the test result?

No, there is no link between video game experience and test result. The test itself doesn't require computer knowledge and should be seen as a task, not a video game.

Is QbCheck certified?

Yes, QbCheck is FDA cleared, CE-marked, and registered with the European Medicines Agency (EMA) and Medicines and Healthcare products Regulatory Agency (MHRA).









About QbCheck

QbCheck has been developed by ADHD testing and technology firm Qbtech.

Qbtech's ADHD tests are used by thousands of clinicians worldwide and help patients and families to better understand their ADHD symptoms and treatment progress.

For more information on taking a QbCheck, please contact your healthcare professional or visit our website qbtech.com.



Attention Deficit Hyperactivity
Disorder (ADHD) is a common
neurodevelopmental condition
affecting 3-7% of all school-aged
children and around 4.5% of adults.

ADHD affects people in different ways, and so it can be difficult to say exactly what ADHD looks or feels like for each person. However, we know that there are three main symptoms:

Inattention may make it difficult to focus, stay organized or finish tasks Hyperactivity may mean you find it difficult to sit still, being restless or a feeling of always being "on the go". Impulsivity can involve difficulty waiting, acting without considering consequences or interrupting others

Diagnosing ADHD can be especially complicated in adults, because other conditions and circumstances can resemble ADHD symptoms. Adults may also have learned compensatory strategies and/or masking behaviors. The first step towards treatment is clinical diagnosis. ADHD management is unique to each individual and is at the discretion of each clinician.

What is QbCheck?

QbCheck is a visual computer-based test that measures the core symptoms of ADHD, including hyperactivity, impulsivity, and inattention. Your test results are presented in a report and compared with the results of a group of people of the same age and sex at birth who don't have ADHD.

The results from QbCheck give your healthcare provider objective data that can be used alongside other information (questions they may ask you and any observations from a school or other source) to help them identify or rule out ADHD and monitor your next steps.

QbCheck is FDA-cleared and CE-marked.



What do the results look like?

After you take the test, your healthcare provider will receive a report that shows how your results compare with those of people of the same age and sex at birth without ADHD. They can share the report and results with you, and many patients find it helpful to see this visual display of how ADHD may affect their performance on the test.



Please note: QbCheck is not designed to be a stand-alone tool for the diagnosis of ADHD. It should be interpreted alongside other clinical information, such as rating scales and a clinical interview.

Why QbCheck?

The objective data from the QbCheck is a helpful addition to the diagnosis process because it uses only technical data. Other elements of the diagnosis rely on memory or opinion, and it can be difficult to describe how ADHD feels subjectively.

As a patient, the results from QbCheck can help you understand how ADHD symptoms affect you. The report is highly visual, so if you do have ADHD, you can see where your results are different from someone without ADHD.

QbCheck can also help your healthcare provider monitor and adjust the dosage of ADHD treatments to get a clearer idea of what medications help your symptoms. This also helps you to see your progress over time.



"Visually seeing my individual symptom levels was particularly eye-opening."

Anonymous patient, and QbCheck user

"Retesting let me see how medication was helping."

Anonymous patient, and QbCheck user