

# Delivering quality care: A checklist

## Clinical outcomes

Goal	How it's measured
Symptom reduction	<ul style="list-style-type: none"> <li>• Subjective rating scales</li> <li>• Objective test</li> </ul>
Functional improvement (performance gains completing work or school tasks)	<ul style="list-style-type: none"> <li>• Clinical interview</li> <li>• Parent/teacher feedback</li> </ul>
Comorbid conditions (No negative change to, or, comorbid condition symptom improvement)	<ul style="list-style-type: none"> <li>• Clinical interview</li> </ul>
Medical adherence (medication taken regularly)	<ul style="list-style-type: none"> <li>• Clinical interview</li> <li>• Prescription cycles followed</li> </ul>
Medication suitability (there are no side effects or they are manageable)	<ul style="list-style-type: none"> <li>• Clinical interview</li> </ul>



# Operational outcomes



## Goal

## How it's measured

Patient understanding of ADHD

- Patient has opportunity for questions during appointments
- Patient leaflets and psychoeducation provided

First follow-up within 30 days  
(NCQA goal)

- Completed patient appointments

3 follow-ups within 10 months  
(NCQA goal)

- Completed patient appointments

Effective data collection

- Timely receipt of rating scales from parents/teachers/patients
- Objective tests repeated at regular intervals

NICE / AAP Guidelines followed

- Care pathways and processes aligned with [AAP Clinical Practice Guideline](#) or [NICE NG87](#)

Long term care plan developed

- Tailored care pathway with defined treatment plan, schedules for review, and repeat tests

Patient retention

- Patient retention rates
- No patient discontinuation

# Patient outcomes

## Goal

Achievement of patient-created goals

Quality of life improvements

Patient ownership of care plan

Medical adherence

(medication taken regularly)

Patient satisfaction and feedback

## How it's measured

- Clinical interview or questionnaire to measure progress
- Questionnaire e.g. Adult ADHD Quality of Life Measure (AAQoL)
- Evidence of patient engagement during follow up appointments
- Examples - Participation in coaching, following psychoeducation resources, adopting self-care practices etc.
- Clinical interview
- Prescription cycles followed
- Patient satisfaction questionnaire
- Survey or feedback communication

