

# QbTest

## information leaflet

### 12-60 year olds



Welcome to your leaflet on the QbTest.



You are coming to do a task called a QbTest.



QbTest helps us to know how much your body moves, how you pay attention, and how easy or hard it is for your brain to stop and think.

QbTest does not hurt.



There is a stretchy band with a ball on it that will be worn around your head.

There is a camera that does not take pictures. The camera only sees the ball. The camera does not see you.

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You will press a button when you see shapes on a computer screen.



You will meet a healthcare worker. They will be with you during the QbTest. They will explain what you need to do.



QbTest will be in a special room. The room will be quiet and might seem boring.



The person who brings you to do the task can see the room with you. The person who brings you will wait outside the room during the task.

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QbTest will take 20 minutes.



The healthcare worker will not be able to talk to you when the shapes are on the screen.



When the QbTest is finished the healthcare worker may have some questions.



Well done. Then it will be time to leave.